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Frequently Asked Questions

What is a Naturopathic Doctor?

Naturopathic Doctors are primary care providers, trained in the medical sciences and diagnosis to the same extent as your family doctor. However, when it comes to treatment, instead of using drugs and surgery, we use natural methods of treatment.

What kind of training does a Naturopathic Doctor have?

In order to become a Naturopathic Doctor, one must have completed a minimum of seven years of post-secondary education. This includes a minimum of three full years of pre-medical studies at a recognized university, followed by four years at an accredited Naturopathic college. Graduates may also choose to complete an additional two-year residency after their four-year training.

Are Naturopathic Doctors Registered/Licensed?

Yes. In Ontario, a Naturopathic doctor must be registered with the provincial government, through the regulatory board, the Board of Directors of Drugless Therapy – Naturopathy (BDDT-N).

What conditions/diseases can benefit from Naturopathic Medicine?

Naturopathic Medicine can work for anyone. Naturopathic Doctors treat the whole person: physical, mental, emotional and spiritual. With this approach in mind, we begin with a comprehensive assessment of every patient. This information helps us to determine and naturally treat the root cause, instead of the symptoms. Ideally, healthy people seek Naturopathic Medicine before they develop a condition/disease. One of the core principles of Naturopathic Medicine is prevention.

Is Naturopathic Medicine Safe?

Yes. The first principle of Naturopathic Medicine is 'first do no harm'. This is why it is important to choose a licensed Naturopathic Doctor when you are seeking a natural healthcare provider.

Is Naturopathic Medicine covered by insurance?

Naturopathic Medicine is covered by most extended health care plans. Check with your insurance company to see if our services are covered by your plan. If you have extended health insurance through your employer for services such as massage therapy, then you are probably covered for Naturopathic Medicine.

Are there any other costs associated with care?

In addition to the cost of Naturopathic Visits, any remedies recommended are additional. On average patients spend \$100-200 per month on remedies. Naturopathic Doctors are licensed to order lab tests. However, since OHIP does not cover lab tests ordered by Naturopaths. Dr. Bateman attempts to work with your MD to get any necessary lab reports. Occasionally, if we can not get a lab report from your MD, Dr. Bateman will order the lab test for you. The cost of lab tests vary from a few dollars to a few hundred dollars.

Can I claim Naturopathic Expenses on my Taxes

Yes. You can claim both your visits, lab tests and remedies.

Keep all your of your health care receipts together and give them to your accountant at the end of the year.

The amount of your health care expense tax credit will depend how much you spend and your net income.